



# Application Instructions

## Product: Air-Gel Ankle Brace

### Model: 442

- The Air-Gel Brace with its pneumatic and gel chambers are state-of-the art.
- Removable Air-Gel bladders can provide for "cold" therapy.
- Helps eliminate swelling and edema.
- For acute injuries when ankle is still tender or swollen.
- Plastic shells provide medial/lateral stabilization to the ankle joint.



Order #	Size	Brace Height
442	Regular	10 ½"
442C	Child	9"

### SIZING:

Universal design fits a most ankles. Fits right or left ankle. Adjustable heel width strap.

### HOW TO APPLY:

Wear brace over socks. Place the plastic shells on the sides of the ankle with the foot on the bottom heel piece. Adjust the heel width if needed for a proper fit. While holding the plastic shells together, wrap the lower then the upper strap and fasten with hook and loop closures. The shells should be parallel with the leg and the brace centered on the ankle bone. Once both straps are fastened, readjust the straps to ensure a proper fit. Fit should be snug but not so tight it pinches or it constricts circulation. Wear over socks and with an athletic type-shoe. Removable liners can be placed in refrigerator for use in cold therapy.

### CARE INSTRUCTIONS:

Spot clean with a damp cloth. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

### CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

### SUGG HCPCS CODE: L4350