



# Application Instructions

## Product: Quick Lace Ankle Brace

### Model: 36X

- Lightweight and low profile design. Highly breathable, quick drying fabric
- Top strap designed for increased stabilization around shin
- Speed laced design provides the option of a quick lace up
- Figure 8 finger pull loops allow the user to easily adjust the strapping during donning and for quick adjustment during use
- Fits either left or right foot



Order #	Size	Men's Shoe Size	Women's Shoe Size
363	Small	6 - 7	8 - 10
365	Medium	9 - 11	10 - 12
367	Large	11 - 13	12 - 14
368	X-Large	13 - 14	14 - 15

**SIZING:** Size by shoe size. Fits right or left ankle.

### HOW TO APPLY:

Wear brace over socks. Loosen laces and pull the support up over the foot with the heel in the opening in back. Tighten the laces from bottom to top. The support should fit snug but not so tight to restrict circulation. Retighten for an even and comfortable fit. Wear inside a comfortable or athletic-type shoe.

### CARE INSTRUCTIONS:

Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

### CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

**SUGG HCPCS CODE:** L1902